

Kathleen McHugh, Ph.D.
Licensed Psychologist
1215 Louisiana Avenue, Suite 100
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EDUCATION

Doctor of Philosophy in Clinical Psychology (APA Accredited)
Marquette University, Milwaukee, Wisconsin
Degree Conferred: May 2004
Doctoral Dissertation: Goal Setting by Women in Battered Women's Shelters

Master of Science in Clinical Psychology
Marquette University, Milwaukee, Wisconsin
Degree Conferred: August 1994
Thesis: An Attempt to Predict Change in Mood in Response to Cognitive and Behavioral Inductions

Bachelor of Arts in Psychology, Summa Cum Laude
University of Central Florida, Orlando, Florida
Degree Conferred: August 1991
Psi Chi Professional Honor Society (Psychology)

EMPLOYMENT

05/12-present **Licensed Psychologist in private practice, Winter Park, Florida.** Providing individual therapy to children, adolescents, and adults. Presenting problems include divorce, relationship issues, domestic violence, body image, OCD, PTSD, and a broad range of other anxiety and mood disorders. Providing psychological evaluations of children and adults for various presenting issues, such as physical, emotional, and sexual abuse, neglect, parenting ability, psychological injury and PTSD, as well as general diagnostic and forensic evaluations. Contracted for psychological evaluations of children and teens at University Behavioral Center. Serving as a Mental Health Neutral in Collaborative Family Law cases. Serving as an Expert Witness in Orange County juvenile, family, and criminal courts, with a specialty in evaluations for competency, sanity, and mitigation purposes.

01/06-05/12 **Licensed Psychologist, Psychological Affiliates, Inc., Winter Park, Florida.** Provided individual therapy to children, adolescents, and adults. Presenting problems included divorce, relationship issues, domestic violence, body image, OCD, PTSD, and a broad range of other anxiety and

mood disorders. Provided psychological evaluations of children, adolescents, and adults for various presenting issues, such as physical, emotional, and sexual abuse, neglect, parenting ability, psychological injury and PTSD, and competency, as well as general diagnostic and forensic evaluations. Provided testimony as an Expert Witness in Orange, Seminole, and Volusia counties. Consulted with Orange and Osceola Child Protection Teams during multidisciplinary staffing of cases of child abuse (through April 2007). Coordinated practicum students.

01/05-01/06

Psychological Resident, Psychological Affiliates, Inc., Winter Park, Florida. Provided individual therapy to adolescents and adults. Presenting issues included divorce, child abuse, domestic violence, and a broad range of anxiety and mood disorders. Completed and assisted with evaluations of children, adolescents, and adults for various presenting issues such as physical, emotional, and sexual abuse, neglect, parenting ability, competency and sanity, custody, risk management, sexual offending and treatment planning. Consulted for Orange, Seminole and Osceola County Child Protection Teams during multidisciplinary staffing of cases of child abuse. Coordinated practicum students.

10/99-01/05

Juvenile Court Evaluator I, Brevard County Court Administration, Viera, Florida. Conducted mental health evaluations of children, adolescents, and adults as ordered by Juvenile Dependency and Juvenile Delinquency judges. Various presenting issues included: child abuse and neglect, substance abuse, domestic violence, antisocial behavior, and psychiatric conditions. Provided treatment recommendations for related professionals.

08/98-08/99

Clinical Psychology Intern, Aurora Mental Health Center, Aurora, Colorado. (APA Accredited). Conducted supervised individual, family, and group therapy with adults. Presenting issues included: child abuse and neglect, substance abuse, domestic violence, relationship issues, and various psychiatric conditions. Conducted supervised mental health evaluations on adults and children. Additional training in emergency mental health services, inpatient psychiatric treatment, day treatment programs for the seriously and persistently mentally ill, developmentally delayed adults, and emotionally impaired young children. Participated in and served as a therapist for Outward Bound programs for domestic violence survivors.

07/97-03/98

Family Therapist, St. Charles Youth and Family Services, Inc., Waukesha Wisconsin. Conducted individual and family therapy with adolescents referred by Juvenile Delinquency judges.

OTHER PROFESSIONAL EXPERIENCE

08/92-06/98 Teaching Assistant (Marquette University), psychometrician (employed by private practice), graduate student instructor (University of Florida), graduate student facilitator at Center for Sexual Assault/Abuse Recovery and Education (University of Florida).

PRESENTATIONS AND PUBLICATIONS

07/09 **The Psychological Impact of Domestic Violence on Children of All Ages**, presentation at the Florida Association of Community Corrections Statewide Conference.

03/09 **The Psychological Impact of Domestic Violence on Children of All Ages**, presentation at Domestic Violence/Dependency Training Event.

01/09 **Children’s Sexual Development**, presentation for Training at Family Services of Metro Orlando.

08/05-12/06 **Divided Loyalties**: a psychoeducational program presented to separating, divorcing, and divorced parents.

08/05 **Goal Setting by Women in Battered Women’s Shelters**, (author, dissertation), poster presented at the American Psychological Association Convention.

2001-2002 **Domestic Violence: Effects on Adults and Children**. Presentation to Brevard County Guardian Ad Litem Trainees quarterly.

01/98 **An Attempt to Predict Change in Mood in Response to Cognitive and Behavioral Inductions**, (first author), published in the Journal of Psychology, vol. 132.

WORKSHOPS AND SEMINARS ATTENDED

12/18 When the Legal System Enters Your Clinical Practice, Webinar, 2 hours

09/18 Treating Complex Trauma, Orlando, 2 hours

06/17 Florida Association of Collaborative Professionals, Tampa, 17 hours

04/17 Assessment and Treatment of OCD in Children, (presenter), Orlando, 2 hours

03/17 Mindfulness Based Stress Reduction, Orlando, 7 hours

- 01/16 Pediatric Behavior Therapy Training Institute, International OCD Foundation, St. Petersburg, 21 hours.
- 10/15 Reasoning with Unreasonable People: Focus on Disorders of Emotional Regulation, Institute for Brain Potential, Orlando, 6 hours.
- 10/14 Self-Injurious Behaviors in Adolescents, Central Florida Behavioral Hospital, Orlando, 2 hours.
- 01/13 Behavior Therapy Training Institute, International OCD Foundation, St. Petersburg, 18 hours.
- 01/13 Acceptance and Commitment Therapy Workshop, UCF, Orlando, 6 hours.
- 08/12 Adventures on the Electronic Frontier: Ethics and Risk Management in the Digital Era, APA, Orlando, 6 hours.
- 03/12 Florida Association of Family and Conciliatory Courts, Tampa, 9 hours.
- 10/11 DSM-IV-TR In Action: What to Expect In DSM-5, Orlando, 3.5 hours.
- 10/10 Lone Star Advanced Interdisciplinary Family Collaborative Practice Training, Orlando, 6.5 hours.
- 09/10 School Refusal Behavior, Orlando, 6 hours.
- 02/10 The Best Evidence-Based Techniques to Treat Anxiety, Panic, OCD, Phobias, & PTSD. Live webcast presented by Patrick McGrath, Ph.D. 6 hours.
- 12/09 Bridging the Gap: Improving Communication Between the Mental Health and Dependency Systems, Orlando, 6 hours.
- 10/08 The Lone Star Collaborative Law Training Workshop, Orlando, 16 hours.
- 09/08 Positive Parenting With a Plan. Presented by Matthew Johnson, Psy.D., MSW, Orlando, 6 hours.
- 09/08 The Ten Best-Ever Anxiety Treatment Techniques. Presented by Margaret Wehrenberg, Psy.D., Orlando, 6 hours.
- 03/08 Assessments in Contested Parenting Time and Access Matters. Presented by Marsha Hedrick, Ph.D., Jacksonville, 6.5 hours.
- 10/07 Florida Forensic Examiner Training. Presented by Randy K. Otto, Ph.D., and Chris Slobogin, JD, LLM, Ft. Lauderdale, 18.25 hours.
- 03/07 Play Therapy and Beyond: Treatment Techniques and Strategies with Children and Pre-Adolescents. Presented by Paul R. White, LCSW, Orlando, 6 hours.
- 03/06 Forensic Assessment of Psychological Injuries. Presented by William J. Koch, Ph.D., R.Psych., 6 hours.
- 02/06 Intensive CBT for Anxiety Disorders/OCD. Presented by Thröstur Björgvinsson, Ph.D. Orlando, 2 hours.
- 10/05 Forensic Evaluation and Juvenile Justice. Presented by Randy K. Otto, Ph.D., University of South Florida, 7 hours.
- 2002-2003 Florida Crisis Response Team Basic Training and Advanced Training. Presented by Beth Rossman, FCRT, Inc. Chairperson, 56 hours in total.
- 03/01 Treating Trauma Survivors. Presented by William B. Tollefson, Ph.D., 6 hours.

PROFESSIONAL AFFILIATIONS

Member, Florida Psychological Association (FPA)
Member, Collaborative Family Law Group of Central Florida
Member, International Obsessive-Compulsive Disorder Foundation (IOCDF)

MEDIA APPEARANCES

01/19 Panic a Sign of the Times in Era of Mass-Shooting Fears, experts say, Orlando Sentinel
08/18 Sleep-away Camp for Adults, Orlando Sentinel
05/18 Mental Health Services for Students, In Focus with Allison Walker-Torres, News 13
02/12 Women and Drinking, News 13
12/09 Domestic Violence, WESH 2 News
09/09 Child Abuse, WESH 2 News
08/09 Preparing Your Children For School, FOX News 35
04/09 Murder Suicide at Gun Range, WKMG Channel 6 News
02/09 Domestic Violence, WKMG Channel 6 News
2008 Where Is Caylee?, Multiple appearances of FOX News 35 and WFTV Channel 9 News
07/07 Lindsey Lohan and Influence on Teens, FOX News 35
05/07 NBC's "iVillage Live:" Sending Kids to College, Live from Universal Studios, Orlando, Florida
04/07 Privacy Issues and Mental Health, FOX News 35
04/07 Talking to Kids About T.V. Situations, WKMG Channel 6 News
04/07 Kids and Tantrums, FOX News 35
12/06 Women and Holiday Stress, FOX News 35